



# Body Measurements



Chest	Waist	Hips	Bicep
in / cm	in / cm	in / cm	in / cm
30 / 76	27 / 68.5	32 / 81.5	10 / 25.5
32 / 81.5	29 / 73.5	34 / 86.5	10.25 / 26
34 / 86.6	31 / 78.5	36 / 91.5	10.75 / 27.5
35 / 91.5	33 / 84	38 / 96.5	11.5 / 29
38 / 96.5	35 / 89	42 / 106.5	12.5 / 32
42 / 106.5	38 / 96.5	45 / 114.4	14 / 35.5
44 / 112	39 / 99	47 / 119.5	15 / 38
46 / 117	41 / 104	49 / 124.5	15.5 / 39.5
48 / 122	44 / 112	51 / 129.5	16 / 40.5
50 / 127	46 / 117	53 / 134.5	16.5 / 42
52 / 132	48 / 122	55 / 139.5	17 / 43
54 / 137	50 / 127	58 / 147.5	17.5 / 44.5
56 / 142	52 / 132	59 / 150	18 / 45.5
58 / 147.5	55 / 139.5	61 / 155	19 / 48.5
60 / 152.5	57 / 145	63 / 160	20 / 51
64 / 162.5	59 / 150	66 / 167.5	20.5 / 52
66 / 167.5	61 / 155	69 / 175.5	21 / 53.5
68 / 172.5	63 / 160	72 / 183	21.5 / 54.5
70 / 178	65 / 165	75 / 190.5	22 / 56
72 / 183	67 / 170	78 / 197	22.5 / 57

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